



psychotherapy. nutritional medicine. holistic wellness

4501 Cartwright Road, Ste 505, Missouri City, TX 77459

www.thetransformationstudio.com

281 240 7102

NUTRITIONAL MEDICINE

Nutritional medicinal are based on a belief that the human body has the ability to repair itself rapidly given the proper nutrition, along with having a generally healthy lifestyle and following certain strategies and techniques. The holistic and nutritional medicine approach utilized is based on the latest research in nutrition, alternative healing approaches, herbal medicine, Ayurveda, and naturopathic medicine. Nutritional medicine is not conducted by a physician and it is recommended that your primary physician is aware that you are seeking nutritional guidance. The Transformation Studio does not offer medical treatment.

MEETINGS

The initial step of the process is to either email or speak to Mr. Ali about your mental and or physical ailments and concerns. During the primary session, a holistic treatment plan is developed along with a plantscription, protocol and general recommendations.

CANCELLATIONS/RESCHEDULING

If you need to cancel an appointment please email or call us 24 hours in advance, no shows are charged a \$25 fee due on the next session.

PROFESSIONAL FEES

We accept private pay clients only. The fee for the initiation session is \$50 and follow up session is \$25. Full payment will be due at the conclusion of each session via credit card, debit or cash. We also take payments via Venmo (thetransformationstudio@gmail.com).

CONTACTING US

You may call The Transformation Studio at 281 240 7012 or you may reach Mr Ali at 281 773 4767 or email at sadiq@thetransformationstudio.com or nutritionishealing@gmail.com. If you are experiencing a life-threatening emergency, call 911.

BILLING AND PAYMENTS

You will be expected to pay for each session at the time it is held.